#### WHAT TO DO IN KITIMAT?

For information on the following local activities call the Chamber of Commerce 250-632-6294

www.tourismkitimat.ca
Hiking Trails
Eating Establishments
Fishing Equipment & Information
Charters & Excursions
Shopping and Services



#### **SHOPPING**

City Centre and Mountainview Square together offer a two level enclosed mall and a shopping plaza, two supermarkets, government liquor store, professional services, five banks, restaurants and entertainment facilities, federal, provincial and municipal offices.

Nechako Shopping Centre: retail stores and services, professional services and fitness centre. Smaller commercial centers or local stores are located in each residential neighbourhood.

For more information please call Tamitik @ 250-632-8955

#### RECREATION

Tamitik Jubilee Sports Complex boasts a 2,000 seat arena, and an Aquatic Centre with 37.5 m pool, water slide, lazy river, leisure pool, squash & racquet courts, whirlpool, and sauna. In addition there is the Kitimat Ice Rink with seating for 600 right next door!





Riverlodge Recreation Centre has 3 ball fields, a soccer field, 3 outdoor tennis courts, a climbing wall, saunas, gymnasium and cardio/weight rooms.

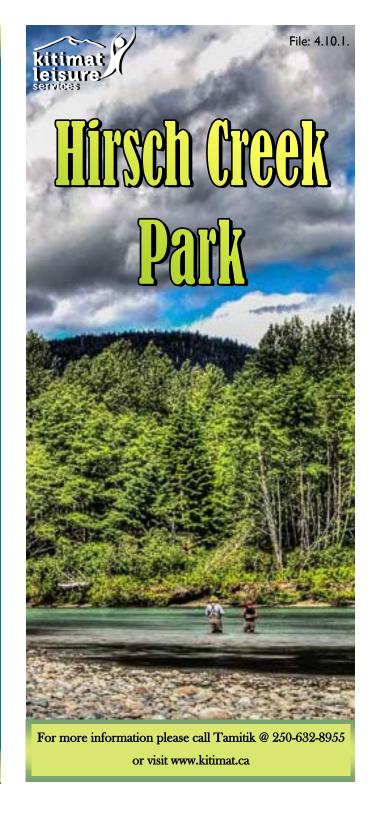




Kitimat is a family community with an abundance of amenities including: community and regional parks, 12 playgrounds, Radley Park Campground with a developed campground and picnic area and Hirsch Creek Park with a picnic area.

Kitimat also offers great hiking and cross-country ski trails, golf course, rifle, pistol and archery ranges, curling rink, tennis courts, skate board park and BMX track, a youth centre and seniors drop in centre.

For those who love to fish, MK Bay Marina offers access to the Douglas Channel, and the Kitimat River offers plenty of great fishing opportunities!



## **ABOUT HIRSCH CREEK PARK**

This scenic park is located at the entrance to Kitimat on Highway 37. Hirsch Creek Park is convenient to town and features numerous picnic sites along the riverbank, a sheltered barbeque area, dry toilets and eight campsites. Campsites are \$16/night.

A beautiful spot for fishing and hiking, Hirsch Creek Park is perfect for the whole family and for those who would like to "get away". A stroll through the old growth forest is a relaxing and renewing experience.

To book the covered area please contact Tamitik Jubilee Sports Complex at 250-632-8955; there is no charge for using the covered area.

Nearby, the Kitimat River and Douglas Channel provide popular year round fishing opportunities. Boat charters are available for the Douglas Channel.



**COVERED PICNIC AREA** 

#### **BEARS**

What do you do? (Usually the bear will be long gone before you decide what to do.)

\*If the bear is still with a cub, it doesn't want you around. Clear out! Beware of ripening berry patches and streams which contain spawning salmon.

\*Stand by a tree ready to climb. Remember that black bears, the most common, are capable of climbing. If no tree is near, slowly crouch or disappear quietly, slowly backing away.

\*If the bear runs towards you, it is probably just trying to see what you are.

Stand up so that it can get a good look at you and it will

likely stop a few yards away, identify you and then retreat. If it doesn't stop, drop down and play dead.

\*Don't encourage bears. Reconsider taking your dog into a bear area.

\*Never feed a bear. Ever! Remove all traces of food and garbage.

\*Always place garbage in dumpsters provided.

Use a noisemaker, e.g.. bells, whistles, or singing out loud.

All Emergency Services - 911 Hospital 250-632-2121

# HINTS FOR HIKING

Always be prepared for rain and swampy spots on the trail. Running shoes may not be your best bet.



Take along some insect repellent (mosquito bites can ruin your day), and carry a watch to make sure you know when it's time to turn back.

Even when you go on the shortest hike in and around Kitimat, try to maintain some idea of where you are. The Chamber of Commerce, Kitimat Museum, Riverlodge and Tamitik have maps that may help, as well as details on more ambitious hikes in the region.

And please make allowances for the fact that we live in a logging region. Logging roads are private property and busy places on weekdays. Signs and access may change from month to month, but we hope that won't spoil your fun.

### HIKES WITHIN HIRSCH CREEK PARK

There are several short hiking trails within the park that take you through old growth forest. Take the right fork of the park road and watch for hiking trail signs (15 - 30 minute walk).

## TRAIL TO HIRSCH CREEK CANYON

Starts on city side of Highway 37 above Hirsch Creek Bridge. Sign marks trail head. Trail is interrupted by a logging road, watch for signs. The trail extends for about 4 km (2.5 miles) or I hour walking time.