



RIVERLODGE HOURS

CARDIO & WEIGHT ROOM

Monday - Friday

6 am - 9:30 pm

Saturday & Sunday

8:30 am - 9:30 pm

Administration

8:30 am - 9:30 pm

Closed all Statutory Holidays

OPEN GYM

Starting up **October 13**

*see page 22 in

Leisure Services Brochure*



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Fall 2020 Brochure



Our NEW fall Leisure Services brochure will be in mailboxes September 3. Registration will start September 11 at 9am. The brochure will also be available on www.kitimat.ca, check it out!

Tamitik Arena



The public skating schedule is scheduled to start up in October. Due to covid 19, all sessions schedules are tentative.

If you would like to book ice, please call Greg at 250-632-8967.

FACILITY UPDATES

Riverlodge Recreation Centre



The cardio room, weight room, change rooms and arts wing are open. Open Gym is starting up in October. Showers and saunas remain closed. Room rentals are now available for meetings and workshops. Call 250-632-8970 for more information.

Sam Lindsay Aquatic Centre



Aquatic staff continue to work through new Covid 19 procedures and protocol. They are busy setting up the building to facilitate a safe return to the pool. Please watch the District of Kitimat website www.kitimat.ca and Leisure Services facebook page for an announcement on pool opening.

Covid-19 Community Information

Are you looking for updates on facilities, parks and our community? Click here [LEARN MORE](#) and then click on COVID-19 community public notices.

Holiday Closure

Civic Holiday	RIVERLODGE	TAMITIK
Monday, September 7	Closed	Closed

Coronavirus
COVID-19

HELP PREVENT THE SPREAD

Avoid close contact with people who are sick. ✓

Cover your cough or sneeze with a tissue, then throw in trash can. ✓

Avoid touching your eyes, nose and mouth. ✓

Stay home when you are sick. ✓

Wash your hands often with soap and water for at least 20 seconds. ✓

Stay 2 meters away from others at all times. ✓

Be Safe. Make Space.

Please maintain a physical distance to help keep our community healthy.



Community Clubs



On Saturday, September 12 from 10am - 12pm, you can sign up for Girl Guides, Dance Kitimat, Marlins Swim Club, Gymnastics Club and Snow Valley Skating Club at Riverlodge.

Babysitting Basics



Sign up your kids, ages 11 and up, for babysitting basics on Oct. 26 - 29. This program is designed to provide the young babysitter with more in depth information on child care. Certificates will be issued upon completion.

Other Programs to Explore!



Tot soccer and cradle crafters for kids are back! Adult programs include Salsa dance, painting, beginner French, crafts, and pottery. Certificate workshops include Foodsafe and Red Cross Emergency First Aid. Try our popular soap making classes and Christmas workshops! Don't forget our cooking classes and serve up something different for supper!

Fitness Classes

**TODAY IS A GOOD DAY TO
WORKOUT.**

There is a great line up of fitness classes starting in September. Chakra and Vinyasa Flow are "new" yoga classes. Zumba is back! Other classes include AM Keep Fit, Low & Tone, Pound and much more! Pick your class and get started! Subsidies apply. Classes are sign up only - NO drop ins accepted.

Radley & Hirsch Creek Park



Camping at Radley and Hirsch Creek Parks is currently on a first come, first serve basis. Coming soon - a new online reservation system for Radley & Hirsch Creek Parks. **The parks are scheduled to close on September 15, weather dependent.**

Are you looking for a place to hold a barbecue or family gathering? Check out the covered areas at Radley or Hirsch Creek Park. Call to book the covered area! Maximum attendance is 50 and must submit a Covid Safety Plan. There is no charge for use.

