



# Sam Lindsay Aquatic Centre

## NATIONAL LIFEGUARD

### Pre-cert / Re-cert

**Sat., April 27**

**8 am - 5:30 pm**

With 1hr lunch break



**Instructor: Kendal Shepard**

**Cost: \$193.50 includes tax**

**(limited space available)**

**Bring all proof of certifications for start of class**



**LIFESAVING SOCIETY®**

*The Lifeguarding Experts*

**Requirements: 16 years of age, National Lifeguard Certificate (need not be current)**

**Standard First Aid CPR C (Need not be current; highly recommended)**

**Bring swim suit, t-shirt, towel, pen, paper, snacks and water and/or juice.**



**Tamitik 250-632-8955**

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**www.kitimat.ca**

